

## VIDEO SEMINARS

GriefShare video sessions are designed to help you successfully travel the journey from mourning to joy.

1. LIVING WITH GRIEF
2. THE JOURNEY OF GRIEF
3. THE EFFECTS OF GRIEF
4. WHEN YOUR SPOUSE DIES
5. YOUR FAMILY AND GRIEF
6. WHY?
7. THE UNIQUENESS OF GRIEF, PT. 1
8. THE UNIQUENESS OF GRIEF, PT. 2
9. GOD'S PRESCRIPTION FOR GRIEF
10. STUCK IN GRIEF
11. TOP 20 LESSONS OF GRIEF, PT. 1
12. TOP 20 LESSONS OF GRIEF, PT. 2
13. HEAVEN

## WHEN TO BEGIN

You are welcome to begin attending the GriefShare group at any session. Each is "self-contained," so you do not have to attend in sequence. You will find encouragement and help whenever you begin. You will be able to continue with GriefShare through the next cycle and view any of the videos you have not seen.

## REAL HELP FOR DEEP HURT

### COMMUNITY

*"The finality of death is hard to accept, and that's what a grief group is about... getting you to accept that reality... so that you can go on with your life."*

*"Helped me to understand that I wasn't alone and that others have been on my same path."*

### UNDERSTANDING

*"The permission I needed to let grief happen."*

*"GriefShare workbooks and videos are very encouraging."*

### SUPPORT

*"People loving each other in the midst of their hurting."*

*"We became like a little family."*

### ENCOURAGEMENT

*"We have cried, laughed and grown."*

*"Hope and joy was evident on her face."*

# GRIEF SHARE

*Grief recovery support group*



[www.griefshare.org](http://www.griefshare.org)

PO Box 1739 Wake Forest, NC 27588  
800-395-5755 • International: 919-562-2112

## YOUR JOURNEY FROM MOURNING TO JOY

## FACING TOMORROW

It may be hard for you to feel optimistic about the future right now. If you've lost a spouse, child, family member or friend, you've probably found that there are not many people who understand the deep hurt you feel.

That's the reason for GriefShare, a special seminar and support group for people grieving the loss of someone close. This group is sponsored by people who understand what you are experiencing and want to offer you comfort and encouragement during this difficult time.

Each GriefShare session includes a video seminar and group discussion. A GriefShare workbook assists you with note taking, journaling and grief study. The videos feature top experts on grief recovery, dramatic reenactments about living with grief and real-life stories of people who have experienced losses like yours.

During the small group discussion time, you'll have the opportunity to interact with others who have experienced a recent loss, learn about their experiences and share your own.

GriefShare is a nondenominational group and features biblical teaching on grief and recovery topics. Please join us for the next GriefShare session.

## TOP EXPERTISE

GriefShare videos feature interviews with leading authors, counselors, speakers and pastors with years of expertise in grief recovery. There are over 45 GriefShare experts, including:

Kay Arthur  
Sabrina Black  
Dee Brestin  
Dr. Bill Bright  
Rev. Noel Castellanos  
Dr. Tim Clinton  
Dr. Jim Conway  
Dr. Larry Crabb  
Joni Eareckson Tada  
Elisabeth Elliot  
Anne Graham Lotz  
Dr. Jack Hayford

Dr. E. V. Hill  
Barbara Johnson  
Dr. Erwin Lutzer  
Dr. Luis Palau  
Lois Rabey  
Dr. Joseph Stowell  
Dr. Siang-Yang Tan  
Dr. John Trent  
Dr. Paul David Tripp  
Dr. Edward Welch  
H. Norman Wright  
Zig Ziglar

## GRIEF SHARE SCHEDULE

**6:00-6:15, Meet and Greet.** A time for some food and casually getting to know the other participants.

**6:15-6:45, Video Presentation.** We will watch the video together and take notes from trusted Christian counselors.

**7:00-7:45, Small Group Time.** We will break up into groups of 6-8 and discuss the video teaching with a trained facilitator.

**7:45-8:00, Wrap Up.** We will end each night in prayer and announcements about next week's session.

**Costs:** \$10 for the workbook (Scholarships are available)

### North-Mar Church

Sunday evenings, 6:00-8:00 P.M.

Begins January 13th

Meets for 13 weeks in Room D3

For more info, please call

Pastor Scott @ 330-856-3496