

# **Heart of the Matter: Learning to Depend**

**Exodus 16:1-36**

*While the children of Israel wandered through the wilderness God taught them to trust Him. He gave them proof of His provision: pillars of cloud and fire to direct and protect, bitter water made sweet, clothes and shoes that would not wear out, plenty of quail to eat and another unique food called manna.*

*These provisions revealed His love and care.*

*Let's consider what truths the manna can teach us today...*

**Every day God craves connection with me.**

*Exodus 16:13-16*

**Daily connection with God leads to dependence.**

*Exodus 16:21*

**Dependence leads to a growing relationship with God.**

*Exodus 16:32*

**Dependence on God is undermined by pride and fear.**

*Exodus 16:35*

*Big Idea:*

**God really is enough for me!**